

Stan L. Bergman
Chief



6201 Atlantic Avenue
Ventnor City New Jersey,
08406
(609)823-7953
Fax (609) 823-8032

Ventnor City Beach Patrol

The V.C.B.P. Junior Lifeguard Program

Who: Our program is for children ages 5-14.

When: This year we will be breaking up the program into two 3-day groups.

- Mon July 5th – Wed July 7th 2021 from 10:30-12:00: Jr. Lifeguards ages 5-9

- Thu July 8th – Sat July 10th 2021 from 10:30-12:00: Jr. Lifeguards ages 10-14

Where: Ventnor City Beach Patrol Headquarters, Suffolk Avenue and the beach
(We will not hold the program in thunder/lightning/heavy downpour)

What: Our Junior Lifeguard program is designed to educate children on beach and ocean safety. We strive to promote solid interpersonal relationships, build teamwork and introduce children to the skills required to become a lifeguard. Most of all we want our children to have a fun, safe experience enjoying and learning about the ocean and beach. Each day we will meet at a designated area. We will start with a team stretch, a warm up run and then break into rotating stations. The third day of each group (Wed July 7th and Sat July 10th) will hold the competitions in the beach run, surf dash and beach flags.

Sign Ups: Signs ups will be held at the VCBP Headquarters at Suffolk Ave and the Beach from June 1st through July 1st. The cost is \$10.00 per child (cash or check) and will include a Jr. Lifeguard T-shirt.

Each Day: The junior lifeguards should arrive on time each day. Please send your child in a bathing suit with a towel and a labeled water bottle. Children should apply sunscreen before arriving. We will have safety measures in place to keep our children distanced and safe throughout the day.

We missed you last year and are looking forward to a terrific Summer 2021 in Ventnor!

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Junior Lifeguard Registration

Name of Participant: _____

Address: _____
Street City Zip Code

Phone Number: _____ Sex: _____ Age _____ Shirt Size: _____

Person to contact in case of Emergency:

Name Address Phone

I, _____, hereby waive any liability as to the City of Ventnor City and it's instrumentalities and agents, for any injuries / damages resulting from any/all participants of this program.

Parent (or Legal guardian) signature _____

Stan Bergman, Chief

Captains: David Funk, Gary Howarth

Lieutenants:

William Ferry, Meghan Holland, Patrick Finnerty